

EDUCATION

Institute for Cognitive Science Studies(ICSS)
Masters in cognitive science | Oct 2020 - current

- studying cognitive rehabilitation
- participating in academics' courses

Yazd University
BA Psychology | Sep 2016 - Sep 2020

- GPA: 16.15
- Participating in many scientific congresses, workshops
- writing articles for a faculty`s magazine
- writing a paper with the title 'the role of self-efficiency in emotion regulation in the prediction of depression.'



POURIA SAADAT

PROFILE

Learning is interesting to me. I often try to learn new things related to my field. working with teenagers is my priority in the work, because of that, I have worked with schools and educational institutes since my first year of the undergraduate period. Promoting learning is my goal in research and work. Teaching and Learning are the best moments of my life.

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WORK EXPERIENCE

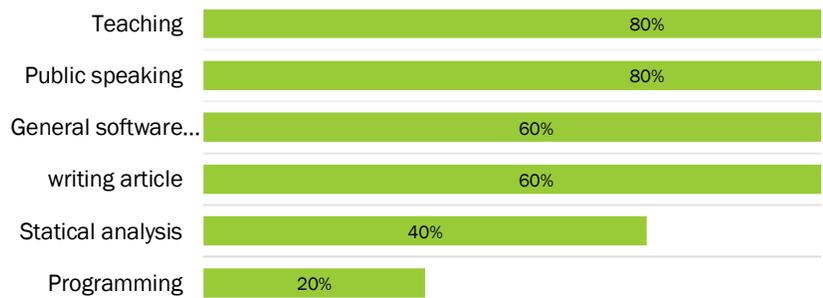
Research Deputy
BarazandehMoghadam High school, Yazd | Sep 2018 - Sep 2020

- Teaching research skills for high school student
- informing students about scientific competition
- Teaching cognitive skills to them by Brain Gym Series book

Teaching skills of studying and fast reading
Sarenakh institute | Aug 2018 - Sep 2020

School and Educational Counseling
Gaj institute branch Abadeh | Mar 2016 - Aug 2018

SKILLS



Main Courses:

- 1- Cognitive neuro science competition, Online Course, Oct 2020 – Dec200**
Director: NEUROSADARA ASSOCIATION.
- 2- Fundamentals of Cognitive Neuroscience Course, Online Course, Oct 2020 – Dec 2020.**
Director: Dr. Hamed Ekhtiari
- 3- Introduction to MATLAB. Online course, Tehran, Shenakht Center, Sep 2020.**
Director: Dr. Sajjad Zabah
- 4- Neuro Tract International Summer School, Tehran, August 31th to September 6th, 2019.**
Director: Tehran University of Medical Sciences
- 5- Brain Gym 2, Online course, Sep -Nov 2019.**
Directors: Dr. Hamed Ekhtiari, DR. Tara Rezapour
- 6- Brain Gym 1, Online course, Jun - Jul 2019.**
Directors: Dr. Hamed Ekhtiari, DR. Tara Rezapour
- 7-Workshop of EEG Data analysis, Tehran, Dec 2018.**
Director: Dr. khosroabadi
- 8-The use of tES in Neuroscience research, Tehran, Dec 2018.**
Director: DR. Nosratabadi
- 9- vocational and educational guidance, Yazd, June 2018.**
Director: Psychology and Counseling Organization of Iran.
- 10- How to write ISI papers (workshop), Yazd, Yazd University and Tihoo Center, Oct 2017.**
Director: Dr. Atiye Nekahi

Papers:

- 1- The role of Self-efficiency in Emotion Regulation in Prediction of Depression**
Sh. Dadfarnia, M. Basiri jahromi, P. Saadat. 2020. Journal of Psychology, Education Sciences and Social Sciences.

Publication:

- 1- How we learn?**
Student scientific association of psychology, Yazd University, Yazd, Iran, April, 2019.
- 2- Incubation**
Student scientific association of psychology, Yazd University, Yazd, Iran, April,2020.

Teaching Experiences:

- 1- Teaching Brain gym (management & control) for student of Yazd University, Online course.**
Student scientific association of psychology, Yazd University, Yazd, Iran, Oct 2020 – Dec 2020.
- 2-Teaching Brain Gym for high school student, Attention.**
Barazandehmoghadam High school, Yazd, Sep 2019 -Feb 2020
- 3-Teaching Brain Gym1 for primary school student.**
Tafazzoli Primary school, Yazd, Nov 2019-Jan 2020
- 4-Teaching Brain Gym (management & control) for primary school teacher.**
Omolbanin Primary school, Yazd, Nov 2019-Jan 2020

Presentation:

- 1- Brain gym for parents of Primary students.**
Omolbanin school, Yazd. Nov 2019.
- 2- Criticism of the book "A man who mistook his wife for a hat" by Oliver Sacks**
Student scientific association of psychology, Yazd University, Yazd, Iran, Dec 2020.

ADDITIONAL INFORMATION:

- 1-Participated in the 7th Basic and Clinical Neuroscience Congress.**
Tehran, Iran, DEC 12-14 2018.
- 2-participated in 3rd Iranian Symposium on Brain Mapping Updates.**
(ISBM2019), 1th & 2th May 2019
- 3-Participated in Brain Gym Congress, BCC.**
University of Tehran, Tehran, Iran. May 2019.
- 4-Participated in the 8th Basic and Clinical Neuroscience Congress.**
Tehran, Iran, DEC 18-20, 2019.

HONORS AND AWARDS:

- 1-Manager of student Scientific Association of Psychology.**
Student scientific association of psychology, Yazd University, Yazd, Iran, Sep 2017- May 2018.
- 2-Selected Student Scientific Association of Humanism faculty.**
Harekat Festival, Yazd University, Yazd, Iran, May 2018.
- 3-Citation from Education Ministry.**
Yazd Education Office, May 2019.

Projects:

- 1- Attention, working memory & executive function in the boy gifted- student of 10th grade in Yazd**
Supervisor: Dr. A. R. Bakhshayesh, Yazd University, Yazd, Iran, Oct 2019- Sep 2020

Research interest

- **Attention**
- **Memory & Learning**
- **Educational Neuroscience**
- **Cognitive Rehabilitation**